

the *Artistic*
Mother

A Practical Guide
for Fitting Creativity
into Your Life



Shona Cole



The Artistic Mother: A Practical Guide for Fitting Creativity Into Your Busy Life

Shona Cole

Are you a hectic Momma who loves paintings yet can by no means healthy it in? if you have little ones to feed and errands to run, discovering the time to create significant artwork might be difficult. In "The inventive Mother," Shona Cole, mom of 5 and combined media artist to boot, is helping you're making the time and area on your existence to your inventive ardour whereas incorporating your love on your young ones into your art. Shona publications you thru the Artist's Workshop, a 12-week direction that comes with step by step directions for making paintings encouraged by way of your children. you will even be brought to seven different inventive moms from whom you could draw notion and encouragement. Discover in the pages: The Artist's Workshop, a 12-week artwork direction that teaches you ways to deliver creativity again into your life Step-by-step directions for greater than 12 comprehensive artwork items celebrating motherhood and family A weekly motion plan that can assist you make the simplest use of your time Artist Spotlights that introduce you to 7 inspiring artist-mommas Tips on growing The Artistic Mother: A Practical Guide for Fitting Creativity Into Your Busy Life time and house on your existence in your art A beginner's advisor to every of 3 much-loved arts: poetry, images and combined media Don't cross one other day with no bringing jointly your passions: motherhood and art!

i admire this book! each time I choose it up again, i believe encouraged to create. the one fault i've got with this ebook is that the writer slightly mentions mothers who've a full-time task outdoors the home. probably somebody can suggest a booklet for operating mothers who prepare dinner each day, desire to preserve a tidy residence AND are creative.

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